







CSE Communicator

MARCH 2024

3/1: First Day of Women's History Month

3/4: 2nd Grade Play "The Mitten" @ 6pm

3/4-3/15: CSE Read-A-Thon

3/4: School Social Worker Week

3/5: AR Pizza with the Principals Lunch Reward

3/10: Daylight Saving Time starts

3/11: Spring Picture Day

3/12: TOMES Field Trip

3/17: St. Patrick's Day

3/21: Third 9-weeks grade reports sent

3/22: Third 9-week Warrior Rally

3/28: Opening Day for Baseball (wear your favorite team gear)

NO ASP

3/29-4/7: Spring Break 3/31: Easter Sunday MARK YOUR CALENDAR!

THE POWER OF POSITIVE PARENTING

Positive parenting is an approach to being a parent that aims to promote children's development and manage children's behavior



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Creating a Safe, Interesting Environment

- * Teach your child road safety rules
- * Provide safety equipment
- * Be safety conscious near schools
- * Teach your child about personal safety

Having a Positive Learning Environment

- * Spend time with your child
- * Speak nicely
- * Chat and listen often
- * Share your own experiences
- * Be affectionate
- * Use descriptive praise
- * Give your child attention
- * Use incidental teaching
- * Get involved in your child's school

Using Assertive Discipline

- * Prepare in advance
- * Arrange activities
- * Set some ground rules
- * Praise good behavior
- * Watch and supervise
- * Use planned ignoring for minor misbehavior
- * Use your voice effectively
- * Use directed discussion
- * Give clear, clam instructions
- * Take away a problem activity
- * Back up instructions with quiet time
- * Use time-out for serious misbehavior

Having Realistic Expectations

- * Consider your expectations of your child
- * Check what other parents expect
- *Consider your expectations of yourself

Taking Care of Yourself as a Parent

- * Balance work and family
- * Talk back to negative thinking
- * Work as a team

If you have questions about any of these suggestions or are interested in free parenting classes offered right here at CSE, please reach out to Kim Davis at kdavis.cse@catoosa.k12.ga.us

https://www.smore.com/n/xg5qu

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Engagement

Parents/Guardians you have the opportunity to request meetings, formulate suggestions, and participate in decisions made relating to your child's education.

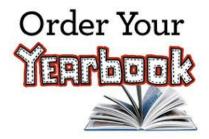


If you have any questions, want to give suggestions, or request a meeting, you may contact your child's teacher to set up a conference, or contact Kathy Honeycutt, Parent Involvement Coordinator at khoneycutt.cse@catoosa.k12.ga.us or Lori Welborn, Principal at lwelborn@catoosa.k12.ga.us.

We are looking for input into CSE school policy, budget input, compact input, etc. for school year 2024-2025. If you have any suggestions/ideas, please let us know, you can email Kathy Honeycutt, Parent Involvement Coordinator khoneycutt.cse@catoosa.k12.ga.us

Spring Survey's will be sent home around the first week of March, please fill them out paper copy or digital copy, and return by March 31, 2024.

Parents/Guardians, please check out the Parent Institute Online publications. There are information pamphlets to help your child with reading, building self-esteem, discipline, motivation, and so much more. Check out this link https://parent-institute.com/



The yearbook sale has started and ends on Thursday, March 28th! Books are \$20 and money can be returned through the flyer or parents can order on the online link.

http://yearbooks2.pixami.com/CloudSpringsElementary/home3/Bookstore.jsp

CATOOSA COUNTY PUBLIC SCHOOLS SIGN UP FOR THE 2024-2025 PRE-K DRAWING

- Selection is based on a lottery drawing to be held virtually on April 12, 2024, at 9:00 am on the Catoosa County Public Schools website.
- Georgia Pre-K is for children who will turn 4 years old by September I, 2024.



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 Please do NOT register online for an appointment until after your child's name has been drawn on April 12, 2024.

Hard copy forms will be available at all primary/elementary schools at the Student Enrollment Center located at 108 High Street in Ringgold.

IF YOU HAVE ANY QUESTIONS, PLEASE CALL THE PRE-K OFFICE 706.965.6067

KIndergarten Registration Cloud Springs Elementary April 30, 3:00-5:30



Electronic enrollment may be completed at home or at the Student Enrollment Center.

To complete pre-registration please visit: https://registration.catoosa.k12.ga.us Students must be 5 years of age on or before 9/1/24.

Upon completion of pre-registration, you will schedule an appointment with the Student Enrollment Center to come to the school to complete the registration process on April 30th from 3:00 - 5:30. Current CCPS Pre-K students enrolling for Kindergarten do not have to complete the online registration again. After April, 30th you will need to schedule your appointment by contacting The Student Enrollment Center to complete the enrollment process.

Please bring the following items to your appointment:

- 1. Two current (within the last 30 days) proofs of residency-see list below
- 2. Georgia driver's license or photo ID of parent/legal guardian
- 3. Proof of legal custody or quardianship if applicable
- 4. GA 3231 immunization certificate
- 5. GA 3300 vision, hearing, dental, and nutritional certificate for Pre-School, Pre-K, Kindergarten, and new students to Georgia schools
- 6. Birth certificate for the student(s)
- 7. Social security card for the student(s)

Proof of Residence

- 1. Acceptable documentation for proof of residency requires **two** of the following in the name and current address of the custodial parent/guardian. Please provide the most recent (within the last 30 days):
- Electric Bill
- Water Bill
- Gas Bill

PhoneCable



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- Signed Lease
- Mortgage Statement (of primary legal residence)
- Bank Statement
- Georgia Voter Registration Card
- · Car Tag Registration Receipt
- Driver's License
- Government or Court Document (e.g., IRS, Social Security)
- Insurance (Medical, Life, Auto, or Home)
- 1. If the student and custodial parent/guardian are living with another family and do not have any of the documents listed above, then the supporting family must provide the documents and sign a Residency Affidavit.

LMS SIDELINES & COMPETITION TRYOUTS FOR UPCOMING 5TH GRADE STUDENTS

TRYOUTS WILL BE HELD APRIL 15-18, 2024 (LMS AUXILIARY GYM)

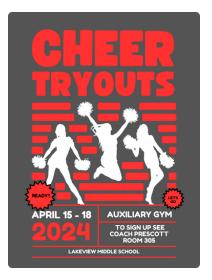
TIME: 3:45 - 5:15

YOU MUST BE PICKED UP BY 5:30 PM

ALL TRYOUT FORMS MUST BE COMPLETED AND ARE AVAILABLE ON THE LMS WEBSITE

OUESTIONS: PLEASE EMAIL

SPRESCOTT.LMS@CATOOSA.K12.GA.US



Positive Office Referrals for February

Savannah McNabb

Ava Rathbun

Leona Burke

Lilly Caballero

Liam Corrales Murillo

Lilly Potter

Alex Esteban Aguirre

Ansh Patel

Landon Buckner

Mason Jones



Brixten Ro Brooklyn § **Smore**

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Asher Kerin

Jayden Roddy

Skylar Pitman

Lilly Butler

Carson Blakemore

Nathan Nabors

Jay Cash

Emma Gianaro

Carson McBurnett

Mae Qualls

Issiah Taylor

Lexi Peeples

Brady Jetter

La'Staisha Chappell-Whitson

Carson McBurnett

Carlee Dawson

Charlie Adams

Brooklyn Britton

Swayzee Cronnon

NEWS FROM PTO

PTO will be sponsoring a World's Finest Chocolate Bar Sale, March 11th thru March 25th. Permission slips will come home soon along with more information.



PTO is looking for officers for the 2024/2025 school year. If you are interested and willing to help, please contact Natalie Brown, PTO president at brownmail84@yahoo.com, or Kathy Honeycutt, PIC at khoneycutt.cse@catoosa.k12.ga.us

Food City & News 12 are pleased to honor educators in our area through the Golden Apple Award. This program recognizes the excellent work taking place in classrooms and acknowledges the critical role education plays in the future of our region and nation. To make a nomination for one of our well-deserving CSE teachers, please go to this website. https://www.wdef.com/golden-apple-nomination-form/







Registration begins 6:30 AM 5K Race 8:00 AM • 1 Mile Fun Walk 8:05 AM

Builtwell Bank 5102 Alabama Hwy, Ringgold, GA 30736

To register early go to www.ciscatoosa.org OR active.com OR Builtwell Bank in Ringgold!

MARCH IS NATIONAL NUTRTION MONTH

https://www.smore.com/n/xg5qu 7/14



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Build a Healthy Eating Routine

Eating habits start early — so help your child build a healthy eating routine to last a lifetime.

Follow these tips to help kids and teens get the nutrition they need.



Offer your child a mix of healthy foods

There are lots of healthy choices in each food group! Help your child find a variety of foods they enjoy, including:



Whole fruits — like apples, berries, oranges, mangos, and bananas





Veggies — like broccoli, sweet potatoes, beets, okra, spinach, peppers, black beans, edamame, and jicama





Whole grains — like brown rice, millet, oatmeal, bulgur, whole-wheat bread, and pasta





Protein foods — like lean meats and chicken, eggs, seafood, beans and lentils, nuts and seeds, and tofu





Low-fat or fat-free dairy – like milk, yogurt, cheese, lactose-free dairy, and fortified soy beverages (soy milk) or soy yogurt





Oils — like vegetable oil, olive oil, and oils in foods like seafood, avocado, and nuts



Depending on your family's culture and tastes, your child might enjoy different foods than the ones listed here — and that's okay! You can find healthy foods that work for your family at **DietaryGuidelines**. gov/sites/default/files/2020-12/DGA_2020-2025_CustomizingTheDietaryGuidelines.pdf.

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Added sugars include sugars that are added to foods and drinks, foods packaged as sweeteners (like table sugar), and sugars from syrups and honey. Having drinks with added sugars — like soda and sports drinks — can make it hard for your child to get the nutrients they need without getting too many calories.

Follow these tips to avoid or limit drinks with added sugars:

- Offer water first get your child a reusable water bottle to keep with them throughout the day
- Choose plain low-fat (1%) or fat-free (skim) milk instead of flavored milks with added sugars
- Keep sparkling water in the fridge instead of soda add fruit or herbs for extra flavor

Be a role model

Younger kids love to imitate their parents — so when they see you enjoying healthy foods, they'll want to try them, too! Follow these tips to set a healthy example for your child:

- Model healthy habits let your kids see you making healthy choices, like eating veggies and drinking water instead of soda
- Make mealtimes family time eating healthy meals as a family can help your kids learn to enjoy healthy foods, too
- Cook meals together schedule time with your kids to plan and make meals together throughout the week
- Celebrate your family food traditions teach your kids about favorite healthy meals and foods from your culture



What about fruit juice?

Most of the time, **choose whole fruits** instead of juice. Whole fruits have fiber your child needs to stay healthy. If you do offer juice:

- Choose 100% fruit juice, which doesn't have any added sugars
- Give your child only a small serving (aim for 4 ounces or less)
- Try mixing 100% fruit juice with plain or sparkling water to reduce calories







and Health Promotion





BOX TOP APP - Join CSE in earning cash for our school by using the Box Tops app.

It's an easy way to make a difference. All you have to do is buy Box Tops participating products (like Cheerios, Crescent Rolls, Betty Crocker Cake mixes, etc.) and scan your grocery receipt. Box

Tops are worth

\$.10 each and they add up fast! Twice a year, our school receives a check to help pay for whatever we need including equipment, supplies, or experiences the kids love! Download the Box Tops for Education app here:

https://www.boxtops4education.com/s/get-the-app

CSE will be hosting a Read-a-Thon to celebrate "Read Across America". It will run for 2 weeks from 3/4 - 3/15. It is ALL digital. You will receive information on Remind and in your child's folder.

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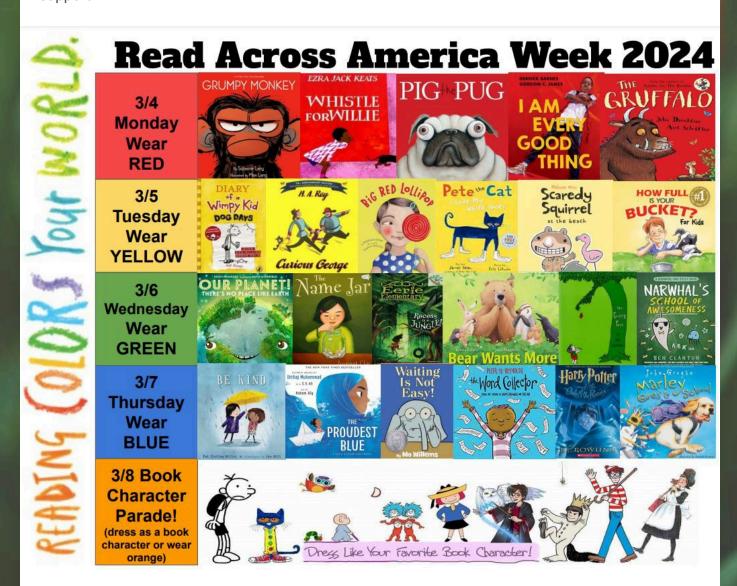
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dollar amounts, not for each minute.

Students will earn prizes from the online prize store based on their fundraising. In addition, the reader with the most minutes and the reader with the most donations will be able to pick a free book from the book vending machine AND the top-earning class will win

a snack party. We encourage you to activate your student's account today by clicking on https://www.read-a-thon.com/readers/r/CnYSGU/1 and following the simple instructions. We will be raising money to update lots of items in our library. Thanks so much for your participation and support!



There will be **NO ASP** Thursday March, 28th. Please make other arrangements for your child to be picked up that day. Also, be sure to send a note to your child's teacher to communicate how they will be going home. Thank you!

https://www.smore.com/n/xg5qu



We will reward and recognize students with excellent attendance this year! The following people had *PERFECT Attendance in February (PERFECT means no tardies, no early dismissals, no absences)



Aubrey Davis

Carlee Dawson

Lykan Guimbellot

Olive Hicks

Prince Hill

Atticus Lawson

Ellis Wright

First Grade

Leona Burke

Lilly Butler

Johnathan Condra

Isabella Cooper

Levi Forrester

Luna Johnston

Mason Jones

Adalyn Lecroy

Coleman McConathy

Izaiah McFarland

Emilyne Nabors

Emberlyn Norris

Isabelle Sharpe

Kamari Taylor

Kayden Todd

Bryan Vazquez

Gabriel Wi



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Second Grade

Layla Bianco

Ashton Brackett

Kadyn Brown

Swayzee Cronnon

Jer'Kes Davenport Brown

Ra'Miya Hill

Lynelle Immanuel

Alyssa Jarnagin

Nelly Lawson

Skylar Pitman

Sahara Rizer

Ava Sharpe

Molly Shiveley

Reed Willingham

Third Grade

Braley Barry

Lincoln Brown

Daevian Chastain

Jayden Grier

Bryadan Hicks

Lauren Mathews

Marlon Matute - Cambar

Savannah McNabb

Ansh Patel

Ethan Smith

Esteban Vazquez

Hannah West

Fourth Grade

Nevaeh Boynton

Brooklyn Britton

Connor Evans

Laney McConathy

J'Arri McMath

Tegan Miller

Connor Mizell

Cayden Revis

Aiden Smith

Ben Sperry

Anthony V



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Fifth Grade

Haley Abraham

Carson Blakemore

Destiny Boynton

Donovan Chastain

Ethan Everett

Brinnleigh Graham

Brady Jetter

McKinley Parson

Kayden Roberts

Jace Root

Nolan Rucker

Miracle Sims

Eli Sperry

Jayce York

A special thank you to some of our wonderful partners who helped us have a great start to the school year.

<u>True Life Chiropractic</u> (Dr. Jamie & Samantha)

Los Potros

Mark Collins @ Metro Boiler

Communities In Schools

Michael (& Tonya) Lee - Keller Williams Realty

Fort Oglethorpe United Methodist

Parkway Baptist Tabernacle

Ms. Rubene's Silverdale Baptist Sunday School Class

BancorpSouth

Dunkin Donuts - Manager Rose Capers

Food City (Ft. O.) - Manager Colton Sears

Cloud Springs Baptist Church

Office Depot

Simply Bank

Michael Lee Homes

Creightons Wildflowers

Fort Oglethorpe United Methodist





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Check out our school video:

https://www.youtube.com/watch?v=niF05c7fdWk

Website: http://www.cse.catoosa.k12.ga.us/

Location: 163 Fernwood Drive Rossville, GA 30741

Phone: 706-866-6640

Facebook: facebook.com/cloudspringelementary

Publix Partners-Support CSE every time you shop!

Please sign up at http://www.publix.com/partners, click locate a school then enter Cloud Springs Elementary School. When you checkout enter your phone number and they will give back to CSE!



Michelle Allmond

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